



## **LUPIN-CHECK**

### **ELISA KIT**

For the quantitative determination of low levels of

#### **LUPIN PRODUCTS**

in raw materials, environmental swabs, processed foods etc.

#### **INSTRUCTIONS FOR USE**

**READ CAREFULLY BEFORE PROCEEDING!**

Cat. No. **R6031 (48-wells) / R6030 (96-wells)**

**STORE REFRIGERATED (2-8°C – see Section 5.2.1)**

QIS196 LUPIN ELISA R6030 R6031 V02

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Amendments: **1. Results now expressed as PPM lupin (seed/flour)**

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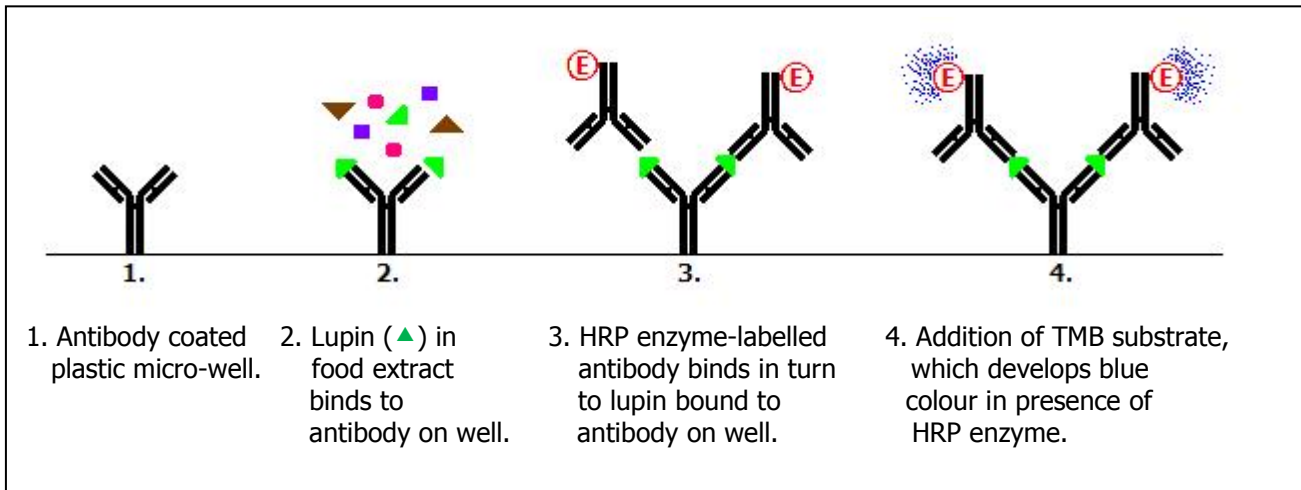
## 1. INTRODUCTION TO THIS TEST KIT

- 1.1. The prevalence of food allergy is increasing, age at onset is decreasing and the condition can have severe effects, including breathing difficulties, anaphylaxis and in rare instances, death. Accordingly, legislation has been put in place to ensure that allergy sufferers are informed of the *intentional inclusion* of key food allergens. In the EC, Directives 2003/89 & 2005/26 became fully implemented in November 2005 and other allergens were added in 2006. In the USA, the “Food Allergen Labeling and Consumer Protection Act” (FALCPA) came into force early in 2006; both mandate the clear labelling of particular food allergens.
- 1.2. In the **EC** the intentional presence of the following foods must be listed in the ingredients: celery/celeriac; cereals (*wheat*, rye, barley, oats, spelt, kamut or their hybridised strains); *crustacea*, *eggs*; *fish*; lupin, molluscs (gastropods, bivalves, cephalopods), mustard; sesame; *soya & tree nuts* (almond, hazelnut, walnut, cashew, pecan, Brazil, pistachio, macadamia/Queensland). In the **USA** the list is similar but includes only those foods in *italics* above.
- 1.3. Food producers are being advised by food protection agencies such as the UK’s FSA and the US FDA to restrict the use of so-called “may contain” labelling to products whose manufacturing processes have been assessed using HACCP and for which the presence of undeclared allergens is both significant and unavoidable.
- 1.4. Lupin allergy, although relatively rare, can be associated with the symptoms of food allergy, making it important for sufferers to avoid exposure to lupin proteins in food. Lupin contains ~36% protein (USDA Nutritional Tables) and some of these proteins are allergenic. Because of its nutritional and colouring properties the use of lupin flour as a food ingredient is increasing e.g. in for milk allergy sufferers, vegetarians and people with Coeliac Disease. In food production three (sweet) lupin species are commonly used: *Lupinus albus*, *L. angustifolius* and *L. luteus*.

## 2. INTENDED USES OF THE KIT

- 2.1. The Imutest Lupin-Check ELISA kit provides reagents for the quantitative analysis of lupin proteins in food products by ELISA. The assay is a direct “sandwich” ELISA, designed to detect lupin proteins at very low levels in fresh, processed and heated food products as well as in environmental swabs
- 2.2. The assay range is nominally between 2 – 30 ppm (mg/kg) lupin seed/flour, which is equivalent to ~0.75-11ppm lupin protein, if the stated extraction ratio is used and the sample extract is not diluted. The range can be extended upwards by amending the extraction ratio, and/or diluting the sample extract, if required.
- 2.3. The Limit Of Detection (LOD) of the assay, is equivalent to 0.3 ppm (mg/kg) of whole lupin seed/flour, equivalent to ~0.1ppm (mg/kg) lupin proteins.

### 3. DIAGRAM OF THE ELISA METHOD



### 4. SAMPLE PREPARATION & ELISA OVERVIEW

#### 4.1. Laboratory Sample Preparation

- ↓ **Prepare**                      Sample by grinding/chopping/blending until homogeneous.
- ↓ **Add**                              1 part Test Portion to 20 parts Extraction Buffer 1X.
- ↓ **Extract**                        Incubate for 15 minutes @ 60°C Shaking every two minutes.
- ↓ **Separate**                              Centrifuge for 10 minutes.

#### 4.2. ELISA Protocol

- ↓ **Pipette**                              **100µL** Standards, Sample Extracts into wells.
- ↓ **Mix. Incubate**                              at room temperature for **20 minutes**.
- ↓ **Wash wells**                              three times with Wash Solution.
- ↓ **Pipette**                              **100µL** anti-Lupin peroxidase Conjugate into wells.
- ↓ **Mix. Incubate**                              at room temperature for **20 minutes**.
- ↓ **Wash wells**                              three times with Wash Solution.
- ↓ **Pipette**                              **100µL** TMB Substrate reagent into wells.
- ↓ **Mix. Incubate**                              at room temperature in the dark for **20 minutes**.
- ↓ **Pipette**                              **100µL** Acid Stop Solution into wells.
- ↓ **Mix. Read**                              wells at **450nm** wavelength within 15 minutes.
- ↓ **Calculate**                              PPM Lupin results for all Samples.

## 5. SAFETY/PROCEDURAL NOTES

### 5.1. SAFETY

- 5.1.1. Some of the kit contents contain a low concentration of the preservative thiomersal (thimerosal; merthiolate), however the kit is safe if used according to these instructions and Good Laboratory Practice (GLP) techniques.
- 5.1.2. Stop Solution contains a relatively weak concentration of sulphuric acid: wear safety glasses; use with care; avoid splashing.

### 5.2. PROCEDURAL

- 5.2.1. **Store kit at 2-8°C.** Wash Solution concentrate may form crystals/precipitates, *which must be re-dissolved e.g. by placing the bottle in warm water, prior to use.*
- 5.2.2. Users should maintain normal standards of good laboratory practice.
- 5.2.3. If not stated, tolerances required for the various measurements used are:  
Temperature  $\pm 1^{\circ}\text{C}$ ; Time  $\pm 1$  minute; Volumes & Weights  $\pm 1\%$
- 5.2.4. Because of the extreme sensitivity of the test, very high standards of cleanliness should be observed when handling Laboratory Samples/Test Portions, using equipment and cleaning down before, between and after all stages in the process. The use of a swabbing kit (e.g. Imutest Swabbing kits Cat. No. A6008/A6009) can help validate laboratory/ equipment cleaning regimes.
- 5.2.5. Proteins bind strongly to some plastics e.g. polystyrene; it is recommended that polypropylene or glass are used for sample handling.
- 5.2.6. To prevent cross-contamination, pipette tips should not be reused.
- 5.2.7. "Reverse" pipetting is preferred for air displacement pipettes; rinse tip several times before pipetting out. Avoid drops of reagent on the outside of the tip entering wells by wiping carefully with a clean tissue.
- 5.2.8. The key to good results is consistency from sample to sample & well to well; work quickly but carefully to avoid assay drift; small (32/48 well) assays are preferred. Duplicate wells (at least some!) are strongly recommended.
- 5.2.9. If required for re-testing, Laboratory Sample extracts can be stored FROZEN at or below  $-18^{\circ}\text{C}$ ; they remain stable for several weeks.



6. **KIT MATERIALS PROVIDED** (Note: Kit contents vary slightly depending on kit size i.e. 48- or 96-well presentations – see below).

6.1. **Extraction & Sample Dilution Buffer 10X Concentrate**

6.1.1. 2 x 30mL or 4 x 30mL provided; diluted (1X) Extraction & Sample Dilution buffer is used to extract and, if necessary, dilute the Laboratory Samples/Extracts.

6.2. **Anti-Lupin antibody-Coated microwell Plates** (6 or 12 x 8 well strips).

6.2.1. Foil sealed in a re-sealable pouch with a harmless, self-indicating (yellow: active; green: not active – do not use plate) desiccant; a plate cover is also provided.

6.3. Pre-prepared **Standards**.

6.3.1. 5 x 2.0mL or 5 x 3.0mL each of five ready to use Standards containing Zero, 2.0, 5.0, 15.0, 30.0 PPM whole Lupin. NOTE: If additional “cut-off” Standards are required for e.g. Qualitative testing, use Extraction/Dilution Buffer as the Zero Standard and also use it to dilute one of the higher Standards to a suitable cut-off value.

6.4. **Wash Buffer 10X Concentrate**

6.4.1. 1 x 30mL or 2 x 30mL to be used at 1X to wash the assay wells.

6.5. **Anti-Lupin peroxidase Conjugate**

6.5.1. 1 x 7.5mL or 1 x 15mL of HRP Conjugate.

6.6. **TMB Substrate**

6.6.1. 1 x 7.5mL or 1 x 15mL; ready to use. CARE: Light Sensitive (turns blue!)

6.7. **Stop Solution**

CAUTION: Dilute acid

6.7.1. 1 x 7.5mL or 1 x 15mL of dilute H<sub>2</sub>SO<sub>4</sub>



## 7. EQUIPMENT & MATERIALS

7.1. WHAT YOU MAY NEED (NOT INCLUDED IN THE KIT):

7.2. Sample mill, chopper or blender for Laboratory Sample preparation – requirement dependent on sample type – see Sample Preparation below.

7.3. Two place balance.

7.4. Centrifuge capable of achieving at least 1000g; 2000g – 5000g is preferable. The use of a centrifuge capable of directly spinning extraction tubes saves time and reduces the possibility of cross-contamination between extracts.

7.5. Purified water for reagent preparation.

7.6. Clean containers for making up and containing 1X Extraction buffer & Wash solution.

7.7. Polypropylene or glass containers for test portion extraction (~20-30mL), and centrifugation (if possible use extraction tube).

7.8. Microlitre pipettes and tips.

7.9. Wash bottle with fine spout and absorbent paper towel for microwell washing.

7.10. ELISA plate reader with 450nm wavelength filter.

### 7.11. OPTIONAL MATERIALS/EQUIPMENT:

7.12. The use of a repeating pipette capable of delivering multiples of 100 $\mu$ L volumes, plus dispensing syringes and tips, helps speed the addition of Conjugate, TMB Substrate & Stop reagents, thus minimising assay drift.

7.13. The use of an automated or hand-held ELISA plate washer system reduces the time taken to wash plates and can improve consistency.

7.14. ELISA software greatly reduces the time required to calculate results.

**8. PREPARATION OF KIT REAGENTS**

8.1. Allow kit contents to reach room temperature before preparing reagents; if a precipitate/crystals form in Wash Solution concentrate, warm slightly and mix well to re-dissolve before dilution.

8.2. Extraction & Sample Dilution Buffer: Dilute 1/10 (1:9) with purified water (e.g. add 15mL concentrate to 135mL water and mix well).

**FOR SOLID SAMPLES:** Add e.g. 0.5 g of HOMOGENEOUS sample to 10 ml of the prepared Extraction & Sample Dilution Buffer.

**FOR LIQUID SAMPLES:** Add e.g. 0.5 ml of HOMOGENEOUS sample to 9.5 ml of the prepared Extraction & Sample Dilution Buffer.

8.3. Prepare Wash Solution 1X by diluting Wash Solution 10X Concentrate 1/10 (1:9) with purified water (e.g. add 15mL concentrate to 135mL water and mix well).

8.4. Prepare anti-Lupin antibody Coated Plates by cutting carefully across the foil pouch above the resealing “zip” from one notch to the other.

8.4.1. Take out the number of strips required, place them in the white strip holding frame; place the cover on the strips until they are required for use.

8.4.2. Replace the remaining strips in the foil pouch with the desiccant; seal carefully ensuring that the zip is properly secured.

**9. PREPARATION OF LABORATORY SAMPLES**

9.1. Swabbing samples are assayed undiluted.

9.2. Finely divided flours/powders, fine breadcrumbs and smooth liquids require no preparation.

9.3. For non-homogeneous Samples, e.g. sausages and other meat products, take out several grams of a representative portion of the sample and prepare by milling, grinding, chopping, blending etc until it has a fine particle size and/or appears to be homogeneous.

9.4. Weigh out a Test Portion of 0.5g into 10.0ml of Extraction Buffer 1X in e.g. a polypropylene tube/universal container. Record the exact weight added – you do not have to add exactly 0.5g, but make sure you record the weight and correct back for the actual weight used when calculating results.

9.5. Place the sample into a pre heated water bath at 60°C for 15 minutes shaking every two minutes to maintain homogeneity.

9.6. Either pour a portion of the extract into a suitable centrifuge tube or, if possible, spin the whole tube at  $\geq 2,000g$  for 10 minutes. Alternatively, allow to settle for at least 30 minutes or until a reasonably clear layer appears above the settled food.

9.7. If a fatty layer appears above the extraction solution it is best to remove it by careful aspiration with a vacuum line.

**IMPORTANT NOTE:** Test Portion extracts prepared for the following Allergen-Check ELISAs:

**Almond;  $\beta$ -LG; Egg; Hazelnut; Lupin; Mustard; Peanut; Sesame; Soya; Walnut**

can be used in **ANY** of these assays, reducing operator time substantially when one sample is being tested for multiple allergens.


**10. EXAMPLE ASSAY LAYOUT**

10.1. Suggested Assay Layouts (32 &amp; 48 well assays).

4 Strip/32 Well assay						6 Strip/48 Well Assay						
<b>A</b>	S0	U2	S0	U8	○	○	U1	U1	S0	U9	U9	S0
<b>B</b>	S1	U3	S1	U8	○	○	U2	U2	S1	U10	U10	S1
<b>C</b>	S2	U3	S2	U9	○	○	U3	U3	S2	U11	U11	S2
<b>D</b>	S3	U4	S3	U9	○	○	U4	U4	S3	U12	U12	S3
<b>E</b>	S4	U4	S4	U10	○	○	U5	U5	S4	U13	U13	S4
<b>F</b>	U1	U5	U6	U10	○	○	U6	U6	U17	U14	U14	U17
<b>G</b>	U1	U5	U7	U11	○	○	U7	U7	U18	U15	U15	U18
<b>H</b>	U2	U6	U7	U11	○	○	U8	U8	U19	U16	U16	U19
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>

Key to Layout:

**S0 – S4**

 Lupin Standards  
 (Zero-30ppm)

**U1 – U19**

Sample Extracts



## 11. DETAILED ELISA PROCEDURE

- 11.1. Allow all kit reagents to reach room temperature (18-24°C preferable); prepare Test Portion extracts and all ELISA reagents as described above.
- 11.2. Ensure that the work area is well organised and tidy, all extracts are clearly labelled in the correct order (Layout Guide) for pipetting and that ELISA equipment is ready for use; remove caps from all Standards/extracts to speed up addition to the wells.
- 11.3. Mark microwell strips on upper or lower tab to keep them in the correct order should they become detached from frame.
- 11.4. Mix the ready to use STANDARDS, Conjugate, TMB and STOP reagents gently just before use.
- 11.5. Add 100µL of Standards and Sample Extracts to the appropriate wells using a microlitre pipette.
- 11.6. Mix the plate by sliding back and forth, gently but briskly, in short movements (1-2cm side to side) on a smooth surface.
- 11.7. Cover the plate and incubate at room temperature for **20 minutes**.
- 11.8. WASHING: Empty wells by flicking out contents into a sink; carefully fill each well in turn using a wash bottle containing 1x Wash Solution. Repeat emptying and filling cycle twice more. After the THREE wash cycles, flick out the plate several times to remove excess water; tap the wells upside down FIRMLY on absorbent paper until little or no liquid appears on the paper; while inverted, wipe base of wells to clean them.  
Alternatively: Use a hand held/automatic plate washer to aspirate then fill wells THREE times with 1x Wash Solution; tap onto paper and clean base as described above.
- 11.9. Immediately add 100µl of Anti-Lupin peroxidase Conjugate reagent using a microlitre or repeating pipette; mix as described in 11.6.
- 11.10. Cover the plate and incubate at room temperature for **20 minutes**.
- 11.11. Wash all wells THREE times with 1x Wash Solution as in 11.8.
- 11.12. Immediately add 100µl of TMB Substrate to all wells; mix as described in 11.6.
- 11.13. Cover plate; incubate at room temperature **IN THE DARK** (e.g. in a drawer) for **20 minutes**, or until sufficient colour develops (sections 15/16; p. 13/14).
- 11.14. Add 100µl of Stop Solution to all wells (blue to yellow colour change in wells).
  - 11.15. Mix plate as described in 11.6 to stop enzyme activity and evenly distribute colour. (Colour remains stable for up to 15 minutes)
- 11.16. Read plate at 450nm using the plate reader and record absorbance values.

**12. CALCULATION OF RESULTS**

12.1. Plot Standard Curve on normal or semi-log graph paper; draw a line/curve of best fit; read off unknown Sample concentrations (PPM); record results on Layout Guide. Alternatively use curve-fit software to produce the results.

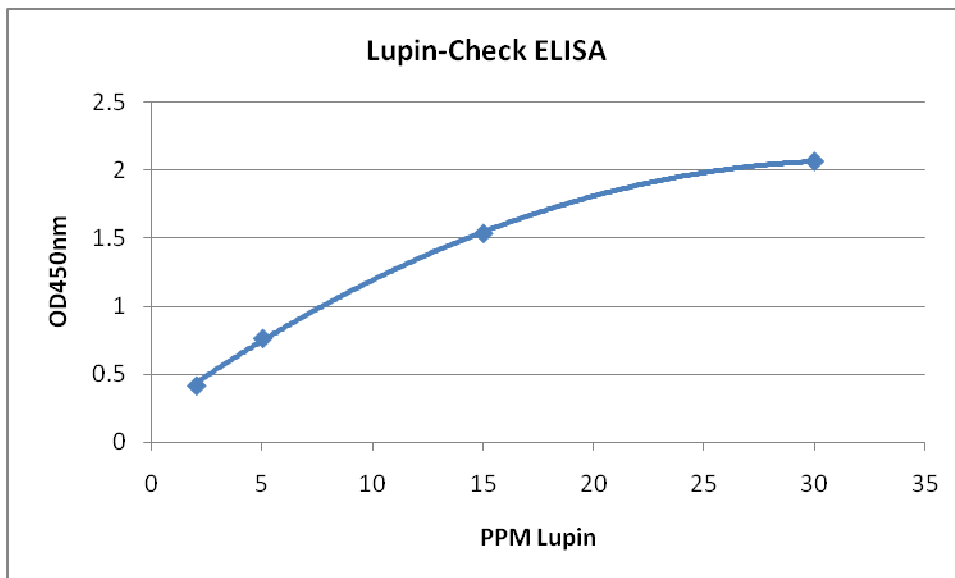
12.1.1. Plot OD<sub>450nm</sub> values (Y-axis) against PPM Lupin (X-axis; 0, 2, 5, 15, 30 PPM)

12.2. **IMPORTANT NOTE:** Remember to correct for the actual sample weights and dilutions used during the calculation process if exact weights/volumes were not used.

**13. EXAMPLE ASSAY DATA**

13.1. Zero Standard:	OD <sub>450</sub>	0.117
13.2. 2.0 ppm	OD <sub>450</sub>	0.418
13.3. 5.0 ppm	OD <sub>450</sub>	0.764
13.4. 15.0 ppm	OD <sub>450</sub>	1.532
13.5. 30.0 ppm	OD <sub>450</sub>	2.059

13.6. Example Lupin-Check ELISA Standard Curve:





#### 14. INTERPRETATION OF RESULTS

14.1. Assay Calibration. At present there is no agreed calibrator to help support Lupin allergen analysis. The Imutest Lupin-Check ELISA has been calibrated using a panel of Lupin free/low Lupin spiked (incurred) food samples.

14.2. Recovery after spiking Lupin Standard into five matrices was as follows:

Sausage	99%
Bread	113%
Orange juice	104%
Ketchup	98%
Croquette	111%

14.3. Cross reactivity: the antibody used in this kit did not react with:

Barley	Oats
Rice	Wheat
Leek	Rye
Walnut	Sesame
Pistachio	Buckwheat
Brazil nut	Peach
Almond	Cherry
Chestnut	Plum
Macadamia	Orange
Cashew nut	Strawberry
Coconut	Potato
Pecan nut	Cocoa
Peanut	Milk
Pumpkin seeds	Egg
Sunflower seeds	Pork meat
Pea	Beef meat
Bean	Chicken meat
Locust bean gum	Corn
Guar gum	

14.4. Unheated soya flour reacts strongly in the assay; other legumes (roasted soya flour; lentil; chickpea) cross-react slightly in the assay.

## 15. PERFORMANCE INDICATIONS

15.1. Prior to stopping the ELISA, S0 wells should be nearly colourless and there should be a definite colour difference between the S0 and pale blue S1 (2.0ppm) wells. The S4 (30 ppm) wells should be a mid blue colour. Indicative assay parameters are suggested to be as follows:

15.1.1.	Zero OD <sub>450nm</sub> :	<0.25 units
15.1.2.	Limit of Detection:	<0.3 PPM (at 3 x Std. Dev. from Zero)
15.1.3.	2 ppm OD <sub>450nm</sub> :	>2.0 x Zero OD <sub>450nm</sub>
15.1.4.	30 ppm OD <sub>450nm</sub> :	>1.0 units; preferably >1.5 units.
15.1.5.	Duplicate precision (OD <sub>450nm</sub> ):	Ideally <5%
15.1.6.	Duplicate precision (PPM Lupin):	Ideally <10 – 15%

## 16. PROBLEM SOLVING

16.1. Regular maintenance and calibration of equipment helps improve assay performance.

16.2. Good laboratory practice reduces the possibility of cross contamination; swabbing kits (e.g. Imutest's Swabbing kits Cat. No. A6008 & A6009) can help validate and verify laboratory/equipment cleaning regimes.

16.3. Poor replication is most often due to poorly maintained pipettes or inadequate/inconsistent plate washing.

16.4. Pipettes: ensure that all pipettes are kept in good condition and are regularly calibrated.

16.5. Try to avoid bubbles in the wells during the last wash by carefully overfilling, especially when using a wash bottle. If using a hand-held washer the bubbles can be aspirated away; if using a wash bottle, flick out well contents vigorously. After washing, tap **vigorously** on absorbent paper towel until no bubbles remain in the wells and little or no liquid appears on the paper towel.



- 16.6. Consistently attaining ideal levels of colour development (see example data section 13; page 11) depends on:
- 16.6.1. laboratory temperature; at temperatures below 18°C incubation times tend to be longer and above 22°C they may need to be shortened.
  - 16.6.2. effectiveness of washing; ensure that wells are filled to the rim and remember, it is difficult to over-wash!
  - 16.6.3. plate reader range; some readers can measure up to an absorbance as high as 3 units or more, whereas others are limited to <2 units. It is important to judge colour development to fit the range of your reader.
  - 16.6.4. previous experience of this ELISA in your lab.
  - 16.6.5. age of the kit (proximity to expiry date).
- 16.7. If you also have a 620nm filter you can monitor colour development after ~nine minutes to help predict final (stopped) OD450nm values. These will be ~3 times the predicted OD620nm level at ten minutes. Stop the assay when the OD620 value is expected to be between 0.5–0.8 units.
- 16.8. If your plate reader has a pre-mixing facility, set the speed to between 700-900 cycles per minute and time for ~20 seconds.

## 17. RECYCLING



Wherever possible, D.I.L. recycles its waste materials. Please help our environment by recycling the paper/card, plastic & glass used in this kit and during the extraction & dilution processes.

Remember the recycling mantra:

- ✓ Reduce
- ✓ Reuse (with care – avoid cross contamination!)
- ✓ Recycle



Diagnostic Innovations Limited ensures that its products are made from high quality raw materials but can make no warranty, express or implied, as to their suitability other than to measure allergen content when used exactly in accordance with these instructions.

Use of the kit for any other purpose is outside its intended use.

Any damages, including consequential or special damage or expense arising directly or indirectly from using this product are limited to the replacement value of the kit.

Other imutest allergen/gluten detection related products are also available:

A range of **Allergen-Check & Gluten-Check ELISA kits** for:  
peanut, almond, hazelnut, walnut, milk (caseins), milk (BLG/whey), mustard, cereal/wheat gluten, egg, lupin, soya, crustacea, (white) fish & sesame

Allergen/Gluten Environmental & Surface **Swabbing Kits**

**GLUTEN FlowThrough™ & GLUTEN SWABBING Tests**

For gluten swabbing/testing in small laboratories or in food manufacturing plants without laboratory facilities for e.g.

Raw material & finished product testing (detects 10-20PPM gluten)

Environmental swabs (detects <1ppm gluten in the swab solution)

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